



A major, ongoing war between Israel (supported by the US) and Iran began on February 28, 2026, featuring widespread strikes and the death of Iran's supreme leader, following intense escalations. Since the start of the war about 1,500 people have been killed, homes destroyed and ancient sites damaged. It has not just been about deaths and destruction, the impact on environment also has been significant with news of black clouds and black rain. The ongoing military conflict has raised concerns about a major disruption of global oil supplies driven by geopolitical events. This conflict has involved attacks on oil infrastructure in neighboring countries, including Saudi Arabia, Kuwait and the United Arab Emirates.

More significantly, the conflict prompted a closure of the Strait of Hormuz, through which most oil produced in the Persian Gulf is exported. Most countries are facing cost escalation related to fuel as also business disruption due to difficulty in moving cargo by air and ocean. The discussions has been all about War's and its after effects, so stepping aside lets also look at events from the sporting world.

The India mens cricket team defended their World T20 cricket crown by defeating Newzealand comprehensively in the finals. At the F1 Chinese Grand prix racing, Kimi Antonelli representing Mercedes claimed his maiden Formula 1 victory. The 19-year-old Italian driver became the second-youngest race winner in the sport's history. At the same race 7 time world champion Lewis Hamilton won his first podium finish with Ferrari claiming the 3rd place.

In other sporting action, at Premier league Arsenal continues its place at the top, with the resurgent Manchester united slotted at the 3rd place. At the La Liga Spanish league football, Barcelona continues its stay at the top..

In testing times let us look forward to some positive developments. Read on ...

Light Moments

Emma's husband Alex had been slipping in and out of a coma for several months, yet she had stayed by his bedside every single day. One day, when Alex suddenly woke up from his coma, he saw Emma standing near his bedside and asked her to come closer. As she came closer and sat by his bedside, he whispered, eyes full of tears. " You know what? You have been with me all through the bad times. When I got fired, you were there to support me. When my business failed, you were there. When I got shot, you were by my side. When we lost the house, you stayed right here. When my health started failing, you were still by my side." The wife got very emotional and said, " Yes, you mean the world to me darling."

Alex said, "You know what?". Emma in tears asked "What dear?" she spoke gently, smiling as her heart began to fill with warmth.

In a feeble voice Alex said "I think you're bad luck."

The doctors were surprised that the man who came out healthy from coma had all of a sudden passed away soon after.

News from Sevenseas

Sevenseas Delhi celebrates the festival of colours , Holi



The festival of colours , called Holi was celebrated across India on the 4th of March 2026. Holi is a spring festival celebrated in India, typically in March, marking the end of winter. People gather to apply bright powders, use water guns , and water balloons to color friends, family, and strangers. The night before, bonfires are lit, and on the day, people share sweets, dance, and play music. It is a huge festival Pan India but majorly celebrated across the North of India. The Sevenseas team at Delhi chose to have a part of the celebration at office to enjoy the occasion with the team members . Some snap shots from the celebration ...

Around the world, one Plate at a time – Dessert – Vdolyky, Czech republic



These soft, tender Czech doughnuts are prepared with yeasted dough that is occasionally flavored with lemon zest. They are typically round and have a small indentation on the top, which is used to hold all of the delicious filling. Even though they can be baked in the oven, vdolyky are usually fried in oil until golden brown. Traditionally, they are enjoyed warm, smothered in jams and topped with whipped cream or crumbled tvaroh cottage cheese.

Trade News

Airfreight Prices Spike Across Asia–Europe and India Routes

Airfreight rates across key Asia–Europe and India trade lanes have surged sharply, driven by strong demand, capacity constraints, and ongoing disruptions in global supply chains. The spike is adding to logistics costs for shippers and increasing pressure on time-sensitive cargo movements. A combination of factors—including rerouting of ocean freight due to geopolitical tensions, tighter air cargo capacity, and rising fuel costs—has led to a significant uptick in airfreight prices. Shippers are increasingly turning to air transport to avoid delays in sea routes, further boosting demand. Freight forwarders note that the rate increases are particularly pronounced on high-traffic corridors connecting major Asian export hubs with European destinations. India-linked routes are also witnessing strong upward pressure, as exporters seek faster and more reliable transit options amid uncertainty in maritime shipping.

The surge in rates is being compounded by the introduction of additional surcharges by airlines, including fuel and war risk premiums. These added costs are being passed through the supply chain, impacting exporters across sectors such as electronics, pharmaceuticals, textiles, and perishables. Capacity constraints remain a key concern, with limited freighter availability and high passenger load factors reducing belly cargo space. Airlines are adjusting capacity deployment, but demand continues to outpace supply on several routes. Industry observers say the current trend reflects a broader shift in logistics dynamics, where disruptions in one mode of transport are spilling over into others. As ocean freight faces challenges, air cargo is absorbing excess demand, pushing rates higher. While the elevated rate environment is expected to persist in the near term, stakeholders are closely monitoring market conditions. Any easing of geopolitical tensions or improvement in ocean freight reliability could help stabilize airfreight prices. For now, shippers and logistics providers are adapting to the higher cost environment, balancing speed, reliability, and expense as they navigate an increasingly volatile global trade landscape.

Travel Diaries – Kirkjufell, Iceland



We've all heard of Everest and Fuji, and while these peaks are mesmerising in their own ways, Kirkjufell in Iceland is altogether more ethereal. The 1,519-foot (463m) mountain can be found on the island's western coastline, an area defined by crystalline fjords, geothermal pools and dynamic waterfalls. The name Kirkjufell means "Church Mountain" because it is thought to resemble a church. For the past few years, Mt. Kirkjufell and Kirkjufellsfoss waterfall have become the most popular photo stop .

Off Beat News - Sleepy owl found resting among items on a New York antique store shelf



Shoppers in upstate New York turned up a rare find while perusing a local antique store in the month of Feb 2026. Tucked next to a cookie jar made in the shape of a chicken was a live owl resting peacefully on a shelf. The state Department of Environmental Conservation said that the incident happened on Feb. 21 in the hamlet of East Durham, about 127 miles (204 kilometers) north of Manhattan.

The agency said customers at The Market Place had spotted

“something extremely lifelike” on one of the shelves and alerted store staff. Environmental conservation police officers arrived to find a brown-and-white owl perched on a shelf with its eyes firmly shut. The department said officers gently cradled the sleeping owl to remove it from the store, and then released it into a wooded area, where it flew into a nearby tree. The bird, an eastern screech owl, is nocturnal and typically nests in tree cavities. It is not immediately clear how it got inside the store. An email was sent to the store’s owners accordingly.

Treasures of Wisdom

A very nice thought

**Everything will be alright in the end .
If it is not alright, then it is not the end**

- Team Sevenseas - India