



On Thursday, May 8, white smoke billowed from the chimney of the Sistine Chapel, signaling the end of the papal conclave and with it, the election of a new pope. It was announced shortly after, that Robert Prevost, born in Chicago, was elected as the new head of the Catholic Church. His papal name will be Pope Leo XIV .

Mark Carney won the Canadian election being elected the prime minister heading the Liberal party . The liberal party won the election by a vote share of 170 compared to the Conservative party which won 143 seats. This is the fourth straight defeat for the Conservative party in the Canadian elections .

Three eruptions were recorded at Sakurajima volcano in Kagoshima, Japan, on May 15, 2025, with ash plumes reaching heights of over 4200 m (13800 feet) above sea level. Ashfall was reported in Kagoshima City, reducing visibility on city roads. According to Japanese media reports, 25 flights departing from and arriving at Kagoshima Airport were canceled due to the eruption.

Barcelona won its 28th La Liga league title , the Spanish league football title playing some terrific allround game built around its young stars like 17 year old Lamine yamal, who the football world for sure will hear a lot about. His play on the field is pure magic ...In Tennis Carlo Alcaraz beat Jannik Sinner to claim the Italian open tennis in the mens group with Jasmine Paolini beating Coco Gauff in the womens game to be the italian winner of the Italian open after 40 years. In F1 racing of the two races in May Oscar Piastri of McLaren won the Miami Grand prix while at the Imola race defending champion Verstappen of Redbull won the race. In good news for Ferrari Lewis Hamilton finished 4th at Imola.

Lot more Sporting action is happening around the globe. Lets read on ...

Light Moments

A Doctor was addressing a large audience of elderly in Tampa. The topic was on healthy living, with a special concentration on healthy eating. Addressing the gathering the doctor said

"The material we put into our stomachs is enough to have killed most of us sitting here years ago. Red meat is awful. Soft drinks corrode your stomach lining. Chinese food is loaded with MSG. High fat diets can be disastrous, and none of us realizes the long-term harm caused by the germs in our drinking water."

But there is one food that is the most dangerous of all and most of us will have in our lifetime. Can anyone here tell me what food it is that causes the most grief and suffering for years after eating it?"

After several seconds of quiet, a 75-year-old woman in the front row, raised her hand, and softly said, "Wedding Cake."

News from Sevenseas

India is a very diverse and culturally loaded country . From North to the South and East to the west traditions , customs, food and many festivals are unique to that particular region. With multiple languages and different religions being followed by the population , India is truly rich and lucky to be witness to a diverse platter of cultural servings. There are many unique art forms, many of which even the residents of India are not much aware . One such dance is Kanyarkali, practised in the Palakkad district of Kerala.



We brought up this topic as one of our senior sales team member Vinod from the Bangalore team is an exponent of this dance form and has been performing this in his village in Kerala. Apart from the business activities and the stress of business generation it is a welcome sign that such activities are also practised and performed by the staff as a form of tradition and also relief from the everyday stress of life

Kanyarkali is a traditional folk art from Palakkad district in Kerala, India. It's a fast-paced, ritualistic folk dance and drama, often performed in temples during temple festivals or as part of celebrations. The performance involves agile movements, dance, and comedy, often accompanied by folk songs and percussion instruments. Kanyarkali originated in the Palakkad region and is believed to have evolved from the practice of martial arts in the area and this art form is performed by men .above you can see Snapshots of Vinod during the recent performance.

It is very pleasing to see that many staff at Sevenseas possess talent that they showcase on occasions . We have many team members Pan India who participate in various activities like Dance, Body building, Martial arts , sports etc

Around the world, one Plate at a time - Lamprais, Srilanka



Lamprais is a complex Sri Lankan dish usually consisting of stock-cooked short-grained rice, three meat curry (beef, pork, and lamb), wambatu moju (eggplant pickle), seeni sambol (onion relish), blanchan (shrimp paste), frikadeller meatballs, eggplant and ash plantain curry, while the common addition also includes fried boiled eggs. All the ingredients are placed inside a banana leaf to create a parcel that is then baked in the oven. Traditional versions nowadays often substitute meat curries with other types of meat such as chicken, while fish and vegetable versions are also common. Each component is

cooked separately. The cooked rice, meat curries, vegetables, and accompaniments are mixed and then carefully wrapped in a banana leaf. The parcel is either steamed or baked, allowing the flavours to meld and the banana leaf to infuse the dish with its distinct aroma.

Trade News

Suez Canal offers 15% discount for big container ships to win back trade

Egypt's Suez Canal will offer a 15% discount on transit fees for container ships with net tonnage of at least 130,000 metric tons, to encourage trade back now that the security situation has eased and help ships offset rising insurance costs, its authorities said on Tuesday. The discounts will be applied from May 15 for 90 days on container ships that meet the standards, whether full or empty, Suez Canal Authority said in a statement.

Revenue from the Suez Canal, a key source of foreign currency for Egypt, plunged to \$880.9 million in the fourth quarter of last year from \$2.4 billion a year earlier, following attacks on shipping by Yemen's Houthis in the Red Sea and Bab Al-Mandab Strait. The Iran-backed Houthis say they are trying to shut off cargo bound for Israel in support of Palestinians in Gaza, but they are also chasing ships away from the canal. During Mid-May, Suez Canal Authority chief Osama Rabie met with representatives from shipping agencies who called for temporary incentives that would help offset increased insurance costs for vessels operating in the Red Sea, which they deemed a high-risk zone.

Three air cargo giants join forces to create a global logistics network

Qatar Airways Cargo, IAG Cargo, and MASkargo have announced their intent to launch a global joint business agreement in the air cargo sector, which would pool a fleet of around 1,000 aircraft, including belly cargo capacity on passenger planes. The agreement is subject to approval by the relevant regulatory authorities. If finalized, this strategic partnership will allow the three companies to integrate resources, infrastructure, and expertise to "create a more efficient cargo network with enhanced global connectivity." According to the companies, the agreement will offer a unified product range, improved transit times, new routing options, and harmonized safety and security standards. Qatar Airways Cargo—one of the world's largest cargo divisions—will be a key pillar of the agreement alongside IAG Cargo, the cargo division of International Airlines Group (IAG), which owns British Airways, Iberia, Aer Lingus, Vueling, and LEVEL, and MASkargo, the air cargo subsidiary of the Malaysia Aviation Group. The companies stated that the alliance aims to "enhance the accessibility and efficiency of air freight" in a global logistics landscape increasingly demanding agility and reach. The goal is to "build a truly connected network" that can better adapt to the dynamics of international trade.

Travel Diaries – Crete, Greece



The largest Greek island, Crete, also known as the birthplace of ancient Minoan civilisation, which means endless ruins and historic sites to uncover. The Knossos Palace is a can't-miss, with its 4,000-year-old frescoes and architectural wonders. No matter where you go, you're bound to find something incredible—from the old Venetian Harbour in Chania to the fortresses of Rethymno. Add to that the jaw-dropping scenery: cliffside beaches, rugged mountains, and canyons, and you'll need a few extra days to pack it all in. Hike the Samaria Gorge, visit the palm forest in Lassithi, or catch the sunset at Falasarna Beach to get the best of the island's nature. There's so much to explore.

Off Beat News – Man Accidentally Buys His Own Car After Having It Stolen a Few Weeks Earlier



An English man unknowingly bought back his own Honda Civic just weeks after having it stolen from his driveway in Solihull, West Midlands. Ewan Valentine was devastated when his 9-year-old Honda Civic Type R was stolen. His girlfriend woke up one morning to drive his car to work, but it was gone. He notified police and his insurer about the theft, but things were moving along at

snail's pace, so he started looking around online to replace his car. Having become attached to his car, when he found one that was virtually identical down to the custom exhaust system, he couldn't believe his luck. The car had different registration plates, but other than that, it looked just like his stolen Type R. For some reason, he never even considered the possibility that it could actually be his car. Valentine ended up paying 20,000 pounds (\$26,800) for the black Honda Civic, but he quickly started noticing strange things. While checking the trunk, he found a tent hood and some Christmas tree pines that he had had in his stolen car, then he found some wrappers he remembered leaving in his old Honda, and finally, there was this distinctive smell of beer that his Honda had ever since he accidentally shattered a beer bottle in it.

Without still realizing it was his own car, he checked the car's navigation history and got details of his and his families details. Also his mobile automatically connected to the car system like an old device. After contacting the police, Ewan learned that the vehicle identification number (VIN) did not match the one of his old car because the thieves had gone to great lengths to replace it. It had been scratched off the engine, the embossed plate on the door frame had been replaced with a sticker, and the engine serial number had been painted over. Unfortunately the money paid to buy the car remains spent, the car dealer also not being found at fault as he was not aware and the thieves had manipulated the vehicle details to perfection.

Thought for the month...

Some life lessons that we can value ...

Never Reply when you are Angry.

Never make a Promise when you are Happy.

Never make a decision when you are Sad

- Team Sevenseas - India